



राष्ट्रीय प्रौद्योगिकी संस्थान दिल्ली

NATIONAL INSTITUTE OF TECHNOLOGY DELHI

(मानव संसाधन विकास मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संस्थान)

(An autonomous Institute under the aegis of Ministry of HRD, Govt. of India)

सेक्टर ए-७, इन्स्टिट्यूशनल एरिया, नरेला, दिल्ली-११००४०, भारत/Sector A-7, Institutional Area Narela, Delhi-110040, INDIA

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Ref.: NITD/SASO/IDY-19/02

May 30, 2019

NOTICE

As part of worldwide observation of **International day of Yoga**, National Institute of Technology Delhi will celebrate 5th International day of Yoga on 21st June 2019 in the Institute premises. The goal behind the organization of the event is to spread the message of peace, harmony, happiness and success to every soul in the world. It will be a great opportunity to imbibe the value of discipline. The following programme for the above are arranged:-

1. An exclusive **MEDITATION** session of one hour duration will be organized for faculty, staff, and students of the institute on **20th June 2019 (Thursday)**.

(Venue: Auditorium Timing: 03:30 pm)

2. One hour comprehensive Yoga session on **21st June 2019 (Friday)** for all faculty, non-faculty and students under the supervision of a Yoga Expert.

(Venue: Corridor near Director Office. Timing: 09:00 am)

All students, faculty members, and staff members are requested to attend the above programmes. Also, it is suggested to come to Yoga session (21st June 2019) in comfortable and loose clothing.

The above is issued with an approval from the Competent Authority.


SAS Officer

Copy To:-

1. Secretary to Honourable Director
2. Secretary to Registrar
3. Office of Dean SW
4. All Faculty & Non Faculty(Through Email)
5. All Students(Through Email)